

#### **CONFLICT MANAGEMENT COACHING WORKSHOP**

**Conflict management coaching**, also known as conflict coaching, is a specialized niche in the field of coaching and conflict management. It is a process in which a trained coach assists people on a one-on-one basis to effectively manage their interpersonal disputes and enhance their conflict management skills. This technique may also be used to coach people to more confidently and effectively participate in mediation, negotiation and relational conflicts.

# **Outcomes of the Conflict Management Coaching Workshop:**

The outcomes of this workshop are that participants will gain:

- the theory, principles and methods specific to the CINERGY® model of conflict management coaching;
- o an introduction to and basic working knowledge of conflict management coaching using the **CINERGY®** model;
- o an understanding of the types of skills required to provide conflict management coaching;
- o experience of the coaching model as a coach, 'client' and observer;
- o knowledge of the applications of this technique; and
- o suggested documents and information about the logistics of conflict management coaching.

### **Methods Used in the Workshop:**

Through skills practices, simulations, demonstrations, self-reflection and discussion, participants develop and practice conflict management coaching techniques and skills.

#### Participants:

The training will be of specific interest to coaches, workplace and other mediators, HR Professionals, lawyers and others who work with people in conflict.

### **Accreditation:**

This workshop has been approved for 31 hours of Continuing Coaching Education Units from the **International Coach Federation** (26 hours Core Competencies and 5 hours Resource Development), including the preparatory reading as noted below. If advance reading is not completed the hours are reduced to 29 (3 Resource Development).

Mediator graduates of this workshop from Canada may apply the hours towards the educational component of the QMed and CMed designations (in accordance with the **ADR Institute of Canada**).

This program has been approved by the **Law Society of Upper Canada** for 2 hours & 45 min of Professionalism Content and up to 25 hours & 45 min of Substantive Content.

<u>Dates:</u> November 19-22, 2018 (9:00 am - 5:00 pm)

Location: 233 Argyle Ave., Ottawa, Ontario

Registration Deadline: October 19, 2018 by noon ET

<u>Workshop Cost:</u> \$2,075.00, plus 13% HST\* = **\$2,344.75 CDN/person** 

\*\* Participants are asked to purchase *Conflict Management Coaching: The CINERGY Model* and read chapters 2 and 4 prior to the first day of the class. Options to purchase the book can be found at:

http://www.cinergycoaching.com/conflict-management-coaching-cinergy-model/

<u>Certification – Becoming a CINERGY® Certified Conflict Management Coach</u>
Workshop participants have the option of being assessed to become a **CINERGY®**Certified Conflict Management Coach. This assessment usually takes place up to 3 months after the workshop, once participants have practiced the model. The evaluation is 2 hours long and involves coaching one of **CINERGY®**'s Competency Assessors. Participants are assessed according to core competencies provided at the training. The cost is \$300 at this time.

<u>Workshop + Assessment Cost:</u> \$2,375.00, plus 13% HST\* = **\$2,683.75 CDN/person** (\*HST applicable to Canadian registrants)

To register online please go to: <a href="http://tinyurl.com/CINERGYworkshops">http://tinyurl.com/CINERGYworkshops</a> to make payment through PayPal, or contact us for a registration form.

This workshop will be facilitated by Heidi Ruppert and Terry McCarthy, **CINERGY®** Accredited Trainers.

NOTE: Following the Conflict Management Coaching Workshop, participants who completed the course will receive a free monthly newsletter from **CINERGY®** Coaching called "CINERGEMS" and will be able to participate in monthly toll free teletalks conducted by **CINERGY®** Coaching.

To register and for further information on conflict management coaching workshops including coordinating a workshop at your location, contact **CINERGY®** Coaching:

Phone: 416-686-4247, Toll free: 1-866-335-6466, Email: cinnie@cinergycoaching.com

# **CINERGY®** Conflict Management Coaching = Peacebuilding, One Person at a Time

This workshop was designed by Cinnie Noble, LL.B., LL.M. (ADR) who is a certified coach (PCC) and mediator (C.Med). Cinnie is a pioneer in the field of conflict management coaching and the founder of the CINERGY® model, which is taught worldwide. She is author of *Conflict Management Coaching: The CINERGY™ Model* (<a href="http://www.cinergycoaching.com/conflict-management-coaching-book/">http://www.cinergycoaching.com/conflict-management-coaching-book/</a>) and *Conflict Mastery: Questions to Guide You* (<a href="http://www.cinergycoaching.com/conflict-mastery-questions-guide/">http://www.cinergycoaching.com/conflict-mastery-questions-guide/</a>). For further information on **CINERGY®**, feel free to visit www.cinergycoaching.com.